

Mens Corporate Wear Sizes

Size	36	38	40	42	44	46	48	50	52	54	56	58	60
Chest ins	36	38	40	42	44	46	48	50	52	54	56	58	60
Chest cms	91	96	101	106	112	117	122	127	132	137	142	147	152
Size	30	32	34	36	38	40	42	44	46	48	50	52	54
Waist ins	30	32	34	36	38	40	42	44	46	48	50	52	54
Waist cms	76	81	86	91	96	101	106	112	117	122	127	132	137

Measuring Yourself Tips - Male

Chest

Stand up straight with your arms hanging straight at your sides.

Have someone measure the fullest part of your chest, over your shoulder blades and under your underarms.

Keep the measuring tape parallel to the ground.

Waist

Bend over to one side to find the spot where your waist naturally creases.

Measure this spot; it should be right under your navel.

Keep the measuring tape parallel to the floor and snug against your skin, but don't pull it tight.

Inside Leg

Measure from the top of the inside leg at the crutch to the ankle bone.

