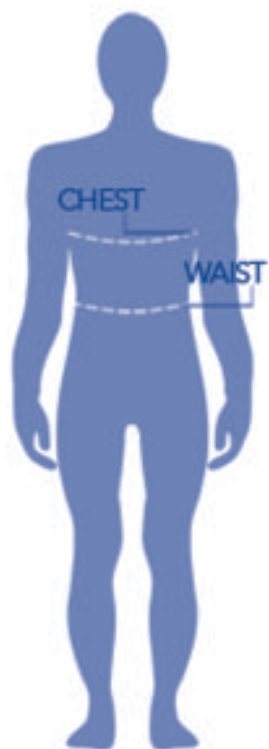


Mens Size Chart

	S		M		L		XL		2XL		3L	4XL	5XL
Collar (ins)	14h	15	15h	16	16h	17	17h	18	18h	19	19h	20	21
Collar (cm)	37	38	39/40	41	42	43	44	45/46	47	48	49/50	51	53/54
Chest (ins)	38	-	40	-	42	-	44	-	46/48	-	50/52	54/56	58/60
Chest (cm)	97	-	102	-	107	-	112	-	117/122	-	127/132	137/142	147/152



Measuring Yourself Tips - Male

Neck

Measure around the base of the neck whilst keeping one finger between the tape and the neck.

Chest

Stand up straight with your arms hanging straight at your sides.

Have someone measure the fullest part of your chest, over your shoulder blades and under your underarms.

Keep the measuring tape parallel to the ground.

Waist

Bend over to one side to find the spot where your waist naturally creases.

Measure this spot; it should be right under your navel.

Keep the measuring tape parallel to the floor and snug against your skin, but don't pull it tight.

Inside Leg

Measure from the top of the inside leg at the crutch to the ankle bone.